

Ten Core Program Elements

1. Partnerships: Law Enforcement, Advocacy, and Mental Health
2. Engagement at Operations and Policy Level
3. Community Ownership
4. Curriculum and CIT Training
5. CIT: Officer, Dispatcher, Coordinator
6. Mental Health Receiving Facility: Emergency Services
7. Evaluation and Research
8. In-Service Training
9. Recognition and Honors
10. Outreach: Developing CIT in Other Communities

Participants completing the full course will receive:

CIT Training Certificate

Adult Mental Health First Aid Certificate

Applicable course materials and resources

January 24 - 28, 2022

8:00am - 4:30pm

Prevention Awareness Support Services
309 W. High Street
Lima, Ohio 45801

No Cost for Allen, Auglaize, Hardin
County Agencies
All others - \$100
(Lunch included)

On-Line Registration:
www.wecarepeople.org

Class size limited to 15 participants

CONTACT

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Crisis Intervention Team (CIT)

Training for Public Safety Professionals

Crisis Intervention Teams (CIT) are a pre-booking jail diversion program designed to improve the outcomes of police interactions with people with mental illness.

This program is sponsored and supported by:



CIT equips officers to interact with individuals experiencing a psychiatric crisis by:

Providing specialized training. Police officers report that they feel under prepared for "mental disturbance" calls and that they encounter barriers to getting people experiencing symptoms quickly and safely transferred to mental health treatment. CIT addresses this need by providing officers with specialized training to respond safely, and quickly to people with serious mental illness in crisis. Officers learn how to recognize the signs of psychiatric distress and how to de-escalate a crisis - avoiding officer injuries, consumer deaths, and tragedy for the community. CIT officers learn how to link people with the appropriate treatment, which has a positive impact on fostering recovery and reducing recidivism.

Creating a community collaboration.

Police officers have become first responders to people with serious mental health illness who may be in a psychiatric crisis. When these crises occur, officers often have no option other than to arrest the individual. Collaboration can facilitate quicker transfer to mental health treatment, reducing the burden on police and corrections. Speedy transfer and treatment saves law enforcement time and money, and reduces the need for costly emergency psychiatric services.

CIT reduces officer injuries, SWAT team emergencies, and the amount of time officers spend on the disposition of mental disturbance calls.

Some agencies have seen as much as an 80% drop in disturbance calls

Agencies have seen a dramatic drop in the number of crisis intervention calls requiring SWAT involvement

Law enforcement use of force declines after the introduction of CIT

Officers rate the program as more effective at meeting the needs of people with mental illness, minimizing the amount of time spent on "Mental disturbance" calls.

Deliberate Indifference. An Ohio case resulted in a finding against the local municipality for failing to train their police officers in first aid on a regular basis because the probability of needing to use first aid in police work was so high.

How many times a day/week/month/year do you or your officers encounter someone with mental illness? The answers may vary, but are likely a pretty solid number. This further demonstrates the need for officer training in how to interact and intervene with someone who may be in mental health crisis.

Program Training Highlights:

- Research and systems
- Schizophrenia, psychotic, and Bipolar disorders
- Depressive disorders
- Suicide and dealing with suicidal individuals
- Disruptive and impulse control
- Post-Traumatic Stress Disorder
- Substance Use
- Personality disorders
- Neurodevelopment
- Psychopharmacology
- Disorders involving children
- Assessment and commitment
- De-escalation
- Community collaboration
- Community resources to include site visits of the mental health court, crisis stabilization unit, acute and inpatient care facilities, and veteran and homeless services

Rural and smaller agencies often opt to train multiple officers to ensure at least one CIT officer is on each shift.