

PARENT EDITION

parenting



I mind if you Juul.

**I mind if you're falling
behind in school.**

**I mind that you can't compete
with us in the competition.**

**I mind our team is losing because
you can't play.**

**I mind that this is hurting
your health.**

*- Parent, Teacher, Coach,
Teammate, Doctor -*

INFO TO KNOW

Most Saturdays through
June 2020 from 9am - 3pm

No Class:

8/31/19, 10/12/19, 11/9/19,
11/30/19, 12/28/19, 1/18/20,
2/15/20, 4/11/20, 5/23/20

Lunch is covered in the registration
fee and provided on site

CONTACT

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Brought to you by



Mental Health
& Recovery Services
Board of Allen, Auglaize,
and Hardin Counties

**A SATURDAY INTERVENTION
PROGRAM FOR YOUTH**

I MIND

A SATURDAY INTERVENTION PROGRAM FOR YOUTH

The Mental Health & Recovery Services Board (MHR SB) of Allen, Auglaize, and Hardin Counties now provides a youth program for substance use prevention and intervention.

I Mind is a voluntary one-day weekend program. It gives adolescents tools to avoid substance use. **I Mind** helps students return to school or school programs as quickly as possible after discipline measures.

When school Alcohol and Other Drug policies are violated, students are often excluded from school and other activities for discipline. Youth need prevention programming to turn from potential substance use disorders.

PROGRAM

I Mind consists of evidence informed education and an early substance use intervention assessment.

The program will cover prevention, a small group discussion, and intervention. Topics will include prevention on smoking, vaping, alcohol, marijuana, and other drugs.

Each student will take a Substance Abuse Subtle Screening Inventory (SASSI) as a tool in assessing substance use disorders. Parents will receive screening results at a later time after review. The school will not receive or have access to the screening results.

WHAT YOUR CHILD WILL EXPERIENCE

- "Top 10 Myths About Alcohol & Drugs" Prevention Education
- Small Group Discussion on substance use stigmas
- Substance Use Disorder Interventions
- Role-play scenarios and other interactive learning techniques
- Positive coping strategies for stress and peer pressure

WHAT ARE YOUR RESPONSIBILITIES?

SCHOOL - Reach out to parents & relevant MHR SB contact, receive certificate of completion

PARENT - Register & pay for program, receive intervention recommendations about your child's assessment

STUDENT - Attend **I Mind**, give principal certificate of completion, meet with relevant MHR SB contact

Your child will be required to sign a release for the SASSI screening results to be shared with you, the parent.

OPEN TO REFERRAL

You can send your child to the **I Mind** program if you have concerns about substance use like vaping.

Parents can register their children before any school policies are violated.

REGISTRATION IS EASY!

- 1) Go to "Trainings" at wecarepeople.org
- 2) Complete the **I Mind** form
- 3) Pay \$25 registration fee* at Saturday program with cash or check

Make checks out to: MHR SB of Allen, Auglaize, and Hardin Counties

*Fee covers lunch, assessment screening, and other program costs